

HOLLY'S STORY



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HELLO, my name
is HOLLY.

I have problems
when I urinate.

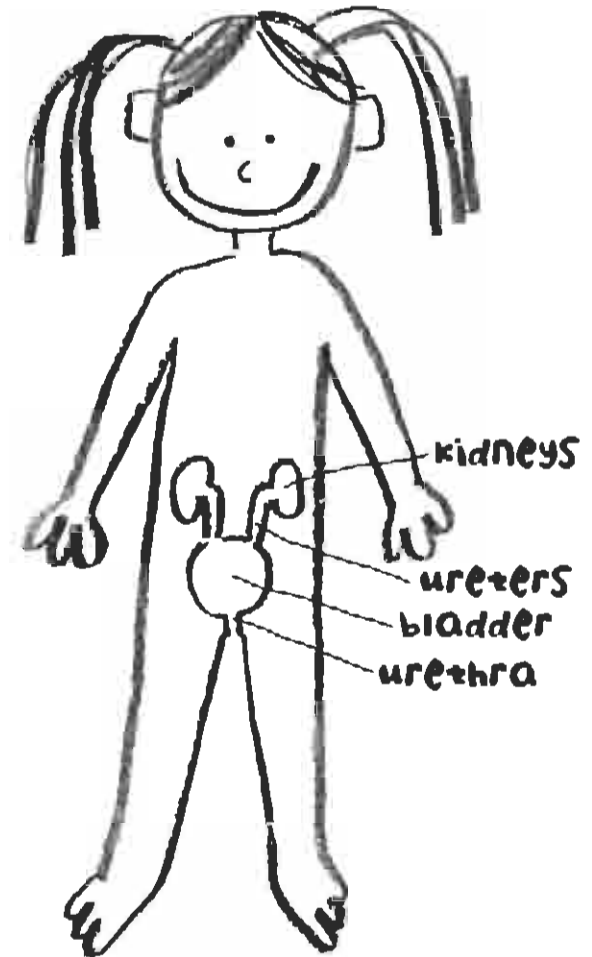
I use a special
little tube called
a catheter

that my nurse
gave me.



THIS IS A PICTURE OF
my bladder, ureters,
kidneys and urethra.

my bladder is like a
balloon inside me
that stores urine.



Before I use
my catheter

I have to wash
my hands.



The catheter goes
in my urethra

and into my bladder
And lets out all
the urine.



when the urine
has stopped

I slide my
catheter out

And wash my
hands again.



Now that I've told
my Story

I hope that you
will see

That you can use
your catheter

And be healthy
just like me.



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