

## General Information

- Use to absorb moisture from broken skin around the stoma. This allows the barrier to adhere to help assist in resolving superficial skin issues.
- Apply powder after the skin has been washed and thoroughly dried.

## Using Stoma Powder

1. Wash and dry your skin thoroughly.
2. Apply a small amount of Adapt Stoma Powder to the irritated open skin area. Reapply if needed to coat the irritated area.
3. Gently brush away excess powder using your hand or a soft tissue. The powder should stick only to the raw area and not be left on dry intact skin.
4. Apply your ostomy pouching system as usual.



Adapt Stoma Powder

## Broken or irritated skin around your stoma is usually caused by one of these problems:\*

- Leakage of discharge onto the skin.
- Improperly sized barrier opening (too large, too small, wrong shape).
- Sensitivity to one of the products used on the skin.
- Removing the pouch too frequently, which can tear the upper layer of skin.
- Wounds next to the stoma resulting from disease or surgery.

## Frequently Asked Questions

**Q: Should I use a barrier film prep to seal the powder before applying my pouch?**

A: Skin barrier wipes to provide a film are optional. Most contain alcohol, which will cause a stinging sensation when applied to raw skin areas. Skin barrier wipes are not necessary to use over Adapt Stoma Powder.

**Q: Is there medication in Adapt Stoma Powder?**

A: No, it simply absorbs excess moisture, allowing your pouch to stay in place on your skin. The skin usually heals when protected from stoma discharge.

**Q: Can I use other powder such as talcum?**

A: No, the use of cosmetic type powders will usually interfere with the seal on your pouch, causing leakage and further irritation.

**Q: When should I stop using Adapt Stoma Powder?**

A: Stop using the powder when the skin has healed and is no longer moist to the touch. Powder is not indicated for the prevention of skin irritation. Stop using the powder and contact your healthcare provider if your skin has not improved or is getting worse.

*\*Broken or irritated skin near the stoma should be evaluated by a healthcare professional who will help determine the cause of the skin problem and how to prevent further injury.*

### Additional Instructions:

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