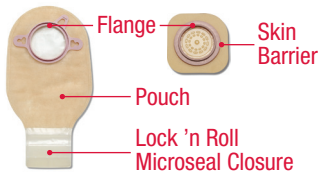


Pouchkins Two-Piece Pouching System

Collect Supplies



Gather pouch, skin barrier, scissors, pen, water, and gauze, cotton balls, or tissue.

Prepare the Skin Barrier and Pouch



1 Measure the stoma using a stoma measuring guide.



2 Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.



3 Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.

Remove Used Pouching System



4 Remove the release liner from the skin barrier. Set aside with adhesive facing up.



5 Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch and skin barrier. Do not flush down toilet.

Clean and Dry Skin



6 Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Apply the New Pouching System



7 Centre the skin barrier opening over the stoma. Apply gentle pressure to the skin barrier for about a minute for best adhesion.



8 Attach the pouch to the skin barrier by engaging the lower edges of the pouch flange and skin barrier flange. Press the two flanges together. A series of "clicks" will confirm you are doing it correctly. No more "clicks" means the pouch is secured.



9 Close bottom of pouch. If using a drainable pouch, close the **Lock 'n Roll** microseal closure at the bottom of the pouch or apply a pouch clamp. Fold up three times until the plastic fasteners meet. Press firmly from the centre to the outer edges along the closure strip.

Tips



- The skin around the stoma should not be irritated or broken. If the skin is irritated, contact your STN.



- The **Pouchkins** stickers (included in each box) can be placed on the pouch to identify the date and time the pouch was changed.



If using a urostomy pouch, make sure the drain valve is closed. The teardrop on the drain valve should face the body side of the pouch.

If desired, apply the cap provided in the box.

Pouchkins Two-Piece Pouching System

Using Accessories (As recommended by your healthcare professional)



Paste may be applied to the skin barrier before application.



Rings can be used to fill in skin areas near the stoma as a substitute for paste.



You may use stoma powder when the skin is eroded and moist.



An ostomy belt may be recommended by your nurse. The belt should be snug but not too tight, and should be worn in line with the stoma. Refer to Instructions for Use.

Additional Instructions

Additional Information

- **Caring for Your Child with an Ostomy** (an educational booklet for parents and caregivers of infants with ostomies)



Visit the Hollister website to download the booklet

www.hollister.com.au/en-au/ostomycare/ostomycalearningcenter/ostomypediatric

For product questions, sampling needs, or detailed clinical questions concerning our products, call Customer Engagement Australia **1800 880 851** or Customer Service New Zealand **0800 678 669**.

Routine follow-up with your healthcare professional is recommended.

Prior to using any ostomy products/accessories be sure to read all product inserts and labels for any indications, contraindications, hazards, warnings, cautions and directions for use.



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