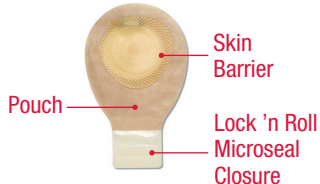


Pouchkins One-Piece Pouching System

Product Code: 3796 (infant), 3795 (child), 3797 (urostomy)

Collect Supplies



Gather pouch, scissors, pen, water, and gauze, cotton balls or tissue.

Prepare the Pouching System



1 Measure the stoma using a stoma measuring guide.

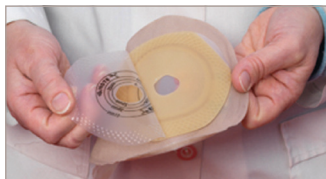


2 Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.



3 Pull the pouch film away from the skin barrier. Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner. Do not puncture the pouch.

Remove Used Pouching System



4 Remove the release liner from the skin barrier. Set aside with adhesive facing up.



5 Carefully lift an edge of the skin barrier and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch. Do not flush down toilet.

Clean and Dry Skin



6 Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Apply the New Pouching System



7 Centre the skin barrier opening over the stoma.



8 Apply gentle pressure to the skin barrier for about a minute for best adhesion.



9 Close bottom of pouch. If using a drainable pouch, close the **Lock 'n Roll** microseal closure at the bottom of the pouch. Fold up three times until the plastic fasteners meet. Press firmly from the centre to the outer edges along the closure strip.



If using a urostomy pouch, close spout at bottom of pouch.

Pouchkins One-Piece Pouching System

Using Accessories (As recommended by your healthcare professional)



Paste may be applied to the skin barrier before application.



Rings can be used to fill in skin areas near the stoma as a substitute for paste.



You may use stoma powder when the skin is eroded and moist.

Additional Instructions

Tips



- The skin around the stoma should not be irritated or broken. If the skin is irritated, contact your STN.



- The **Pouchkins** stickers (included in each box) can be placed on the pouch to identify the date and time the pouch was changed.

Additional Information

- **Caring for Your Child with an Ostomy** (an educational booklet for parents and caregivers of infants with ostomies)



Visit the Hollister website to download the booklet

www.hollister.com.au/en-au/ostomycare/ostomycarelearningcenter/ostomypediatric

For product questions, sampling needs, or detailed clinical questions concerning our products, call Customer Engagement Australia **1800 880 851** or Customer Service New Zealand **0800 678 669**.

Routine follow-up with your healthcare professional is recommended.

Prior to using any ostomy products/accessories be sure to read all product inserts and labels for any indications, contraindications, hazards, warnings, cautions and directions for use.



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