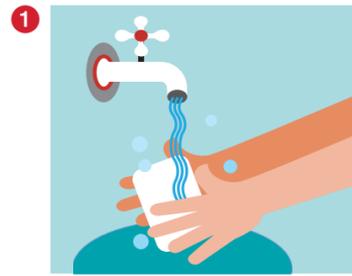
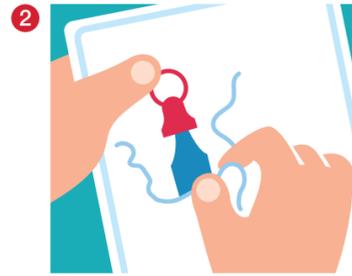


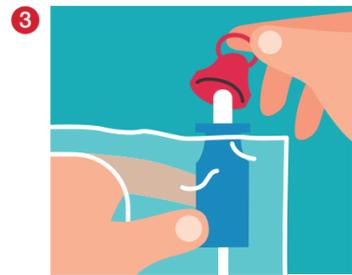
Girls' Guide for Use



1 Wash hands with soap and water.



2 Open the package. Fold back the packaging by peeling on the side that is clear.

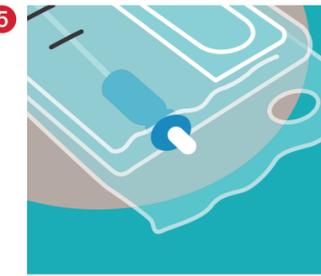


3 Remove the red cap from the protective tip of the catheter.



4 Hold the gel reservoir in one hand. With the other hand, move the catheter forward until the tip of the catheter moves up into the protective tip.

Hint: Don't squeeze the gel reservoir too hard. Also be sure the tip of the catheter doesn't poke out the top of the protective tip.



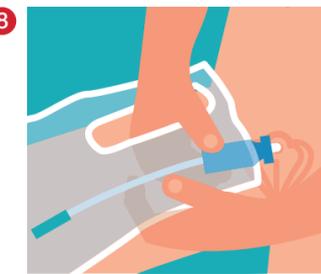
5 Lay the catheter on the opened package, so the tip is positioned over the paper.



6 Use two fingers to open up the area around the urethra. Clean the area around the opening of the urethra with soap and water, or a cleansing wipe.



7 Gently insert the protective tip until the base comes into contact with the opening of your urethra. Keep the protective tip in place. You can release the two fingers holding the area open.



8 Hold the gel reservoir gently in place and advance the catheter until pee starts to fill the bag. When the pee stops, slowly pull the catheter out. Pee may start to flow a little bit more. That is normal. Just pause and wait for the pee to stop again before removing the catheter.



9 Tear the collection bag at the marked spot at the top and drain the pee into the toilet.



10 Throw the catheter away in the garbage. Do not flush it down the toilet.



11 Wash your hands again with soap and water.

This intermittent catheter is a flexible tubular device that is inserted through the urethra by male, female, and pediatric patients who need to drain urine from the bladder.

WARNING: To help reduce the potential for infection and/or other complications, do not reuse. If discomfort or any sign of trauma occurs, discontinue use immediately and consult your healthcare practitioner.

PRECAUTION: Please consult a medical professional before using this product if any of the following conditions are present: Severed urethra, unexplained urethral bleeding, urethritis—inflammation of the urethra. Self-catheterization should follow the plan of care and advice given by your healthcare practitioner and be carried out only in accordance with the instructions for use provided. Because catheterization frequency varies by person, the recommended frequency of your catheterization should be provided by your healthcare practitioner. For any other questions about your catheterization, please contact your healthcare practitioner.

CAUTION: RX ONLY. Federal (USA) Law restricts this device to sale by or on the order of a physician or other healthcare practitioner licensed under state law to order this product. Prior to use of this device, be sure to read (i) the complete information on how to use this device including Warnings, Cautions, and Instructions for Use, and (ii) all other package inserts and labels supplied with the product.

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- a** Touch Free Protective Tip
- b** Gel Reservoir
- c** Integrated Collection Bag with Large Handle

